

GET THE COURSES YOU NEED	Year One	Year Two	Year Three	Year Four
	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS
128 credits + 4 Short Terms	<ul style="list-style-type: none"> • Talk to a communication studies professor and look at the catalog to learn about the requirements for the major. • Take COMM 101, Intro. to Communication Studies to learn about the field. • Take COMM 225, Public Speaking, and/or another 200-level COMM course. 	<ul style="list-style-type: none"> • Fulfill your applied quantitative reasoning requirement with COMM 205, Research Methods. • Take a 200-level COMM course from the noncore courses. 	<ul style="list-style-type: none"> • Take COMM 340, Communication Theory, and a couple of other 300-level courses. • Find out if you qualify to do a Senior Honors Thesis in your senior year. 	<ul style="list-style-type: none"> • Produce your own in-depth research project in COMM 470, Senior Seminar or 490, Honors Thesis.
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	<ul style="list-style-type: none"> • Learn about courses, faculty, internships, etc. from current COMM majors at the new major interest celebration in the fall. • Attend the COMM senior celebration picnic at the end of spring semester. • Participate in Senate and SGA. • Attend the Hollins Student Conference (SPARC). 	<ul style="list-style-type: none"> • Attend student-led activities. • Volunteer with an appropriate community organization. • Attend the COMM senior celebration picnic at the end of the year. 	<ul style="list-style-type: none"> • Attend the COMM department interest meeting to meet and give advice to interested first years and sophomores. • Challenge the COMM faculty at croquet or cornhole at the COMM senior celebration picnic at the end of spring term. • Consider leadership positions: Orientation Team Leader, Student Success Leader, student government 	<ul style="list-style-type: none"> • Mentor new majors at the new majors celebration in the fall. • Defend your croquet or cornhole title against the COMM faculty at the senior celebration picnic in spring.
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	<ul style="list-style-type: none"> • Find out about abroad opportunities. • Consider Black Student Alliance, the Unión de Estudiantes LatinX, the Sexuality and Gender Alliance. • Study a new language. 	<ul style="list-style-type: none"> • Apply to study abroad or study away. 	<ul style="list-style-type: none"> • Participate in a COIL project or consider an international internship. • Take COMM 380, Global Communication. 	<ul style="list-style-type: none"> • Apply for Fulbright, Rhodes, Marshall, Gates Cambridge, or other international scholarships.
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	<ul style="list-style-type: none"> • Attend C3. • Create LinkedIn/Handshake accounts. • Visit the Career Center and meet with a career counselor. • Apply for a first-year J-Term internship. • Take a leadership course or consider a leadership certificate. 	<ul style="list-style-type: none"> • Attend Career Center workshops. • Talk with your advisor about funding for research or creative projects, or attending conferences. • Apply for a Signature or independent internship in the U.S. and/or abroad. • Become a student member of a professional association. 	<ul style="list-style-type: none"> • Meet with your advisor about career goals; talk to professors about research opportunities. • Check out Hollins partnerships with graduate schools. • Attend the “Articulating Your International Experience” workshop. • Talk with alums in the field! • Complete another internship. 	<ul style="list-style-type: none"> • Attend/present at a professional conference. • Prepare for graduate school admission and tests (LSAT, GRE). • Attend a job fair/apply for jobs. • Attend the Alumnae Board’s pre-professional networking events.
ADD TOOLS TO YOUR LIFE BELT	<i>Develop a self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, develop time management skills</i>	<i>Hone your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Expand your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Embrace your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>