

(There may be other pathways for this major — be sure to speak with an International Studies advisor!)

GET THE COURSES YOU NEED	Year One	Year Two	Year Three	Year Four
	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS
<p><i>NEED: 128 + 4 short terms for BA</i></p>	<ul style="list-style-type: none"> <li>INTL 120 and 210</li> <li>An affiliated INTL course at the 100 or 200 level</li> <li>Take a foreign language (required for the major)</li> </ul>	<ul style="list-style-type: none"> <li>Take at least one more of your required courses (INTL 220, 380, or POLS 102)</li> <li>Take GPS 216 this spring if you are planning study abroad in spring of the junior year</li> <li>Continue with foreign language study</li> <li>Take UNIV 101 pre-departure course the semester before studying abroad</li> </ul>	<ul style="list-style-type: none"> <li>Ideally you will be abroad one semester this year. Work with your advisor to ensure that the courses you take will count as affiliate courses in the major</li> <li>Take UNIV 102 reentry course the semester after studying abroad</li> <li>Start thinking about topics for your senior thesis</li> <li>Take courses that can act as a foundation for senior research, internships, or possible graduate studies</li> </ul>	<ul style="list-style-type: none"> <li>Develop your research plan for your thesis over the summer</li> <li>Take GPS 480 in the fall term</li> <li>Ask your advisor about an honors thesis option</li> <li>Finish all remaining required courses and affiliated coursework</li> </ul>
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	<ul style="list-style-type: none"> <li>Attend the GPS Department's interest meeting to meet faculty and students!</li> <li>Attend guest lectures (every year)</li> <li>Go to the club fair</li> <li>Participate in Senate and SGA</li> <li>Attend the Hollins student conference (SPARC) every year!</li> <li>Think about volunteering!</li> <li>Take part in traditions every year!</li> <li>Prepare for your first Tinker Day!</li> </ul>	<ul style="list-style-type: none"> <li>Consider living in one of the language houses.</li> <li>Travel to neighboring campuses for lectures and events</li> <li>Show school spirit and go to sporting events</li> <li>Become a Peer Mentor for HU Connect groups</li> <li>Attend student readings and other student-led activities</li> </ul>	<ul style="list-style-type: none"> <li>Take part in Ring Night!</li> <li>Consider leadership positions such as Student Success Leader, Student Government leader, or Orientation Team leader</li> <li>Join ACCENT and help plan intercultural events on-campus with ISE Office</li> <li>Renew contract as Peer Mentor for HU Connect groups</li> </ul>	<ul style="list-style-type: none"> <li>Take part in 100th Night</li> <li>Mentor a new student</li> <li>Consider leadership positions such as global ambassadors, career connectors, tutors, or HU Connect groups</li> </ul>
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	<ul style="list-style-type: none"> <li>Meet with someone in the Global Learning office to begin planning for your study abroad/away experience.</li> <li>Consider Model UN, Model Arab League, Black Student Alliance, the Union de Estudiantes LatinX, or the Sexuality and Gender Alliance.</li> <li>Attend Global Learning office and Office of Inclusivity and Diversity events.</li> </ul>	<ul style="list-style-type: none"> <li>Apply to study a semester abroad for your junior year.</li> <li>Participate in the Diversity Monologue Troupe.</li> <li>Consider a J-Term faculty-led or language immersion program abroad.</li> <li>Work with Global Learning office to explore study abroad scholarships.</li> <li>Decide whether to add a minor or second major.</li> </ul>	<ul style="list-style-type: none"> <li>Get involved with local organizations, doing intercultural and global work.</li> <li>Study abroad for a semester- and/or apply for summer opportunities such as Fulbright UK Summer Institute and Critical Language Scholarship.</li> </ul>	<ul style="list-style-type: none"> <li>Consider applying for Fulbright, Rhodes, Marshall, Gates, Cambridge, or other international scholarships.</li> <li>Attend Global Learning workshops to learn about post-graduate opportunities to work/attend graduate school abroad.</li> </ul>
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	<ul style="list-style-type: none"> <li>Learn about Career Management Model and Core Center Competencies in CDLD's <a href="#">Career Readiness Guide</a>.</li> <li>Explore the CDLD <a href="#">Career Portal</a> to learn about internships and advising.</li> <li>Apply for a <a href="#">first-year internship</a>.</li> <li>Schedule an <a href="#">appointment</a> to start the career exploration process to and to start a <a href="#">master resume</a>.</li> <li>Attend <a href="#">C3</a> in the fall, J-Term, and/or spring.</li> </ul>	<ul style="list-style-type: none"> <li>Create your <a href="#">Challenge Profile</a> in Sparkpath or with a CDLD advisor.</li> <li>Connect with a <a href="#">CDLD advisor</a> for coaching or informational interviewing.</li> <li>Apply for a Signature or Independent <a href="#">internship</a>.</li> <li>Expand your <a href="#">master resume</a> and your <a href="#">LinkedIn profile</a>.</li> <li>Begin applying for paid summer internships in the fall.</li> <li>STEM majors: Explore <a href="#">paid summer research</a> (REUs) with help from your STEM faculty in November.</li> </ul>	<ul style="list-style-type: none"> <li>Work with a <a href="#">CDLD advisor</a> to plan your career outreach strategy.</li> <li>Apply for a Signature or Independent <a href="#">internship</a>.</li> <li>Expand your <a href="#">master resume</a> and your <a href="#">LinkedIn profile</a>.</li> <li>Begin applying for paid summer internships in the fall with help from a CDLD advisor.</li> <li>STEM majors: Explore <a href="#">paid summer research</a> (REUs) with help from your STEM faculty in November.</li> </ul>	<ul style="list-style-type: none"> <li>Work with a <a href="#">CDLD advisor</a> to plan your networking strategy in the fall semester.</li> <li>Expand your <a href="#">master resume</a> and your <a href="#">LinkedIn profile</a>.</li> <li>Attend <a href="#">C3</a> in the fall, J-Term, and/or spring to network with alumnae.</li> <li>Attend <a href="#">workshops</a> related to life after graduation.</li> </ul>

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<p><b>ADD TOOLS TO YOUR LIFE BELT</b></p>	<p><i>Develop a self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, develop time management skills</i></p>	<p><i>Hone your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i></p>	<p><i>Expand your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i></p>	<p><i>Embrace your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i></p>